

Do Contraceptives Protect Against STI?

Category	Method	Bacterial STI	Viral STI
Hormonal	Birth Control Pill	No Protection	No Protection
	Depo Provera	No Protection	No Protection
	Emergency Contraception	No Protection	No Protection
	Evra Patch	No Protection	No Protection
	NuvaRing	No Protection	No Protection
Barrier	Male Condom (latex or polyurethane)	Good Protection	Good Protection
	Female Condom	Good Protection	Good Protection
	Diaphragm with Spermicidal Jelly	Some Protection	Some Protection
	Sponge	No Evidence of Protection	No Protection
Spermicidal	Foam	No Evidence of Protection	No Protection
	VCF	No Evidence of Protection	No Protection
Other	Abstinence	Excellent Protection	Excellent Protection
	IUD	No Protection	No Protection
	Natural Family Planning	No Protection	No Protection
	Sterilization	No Protection	No Protection
	Withdrawal	No Protection	No Protection

Adapted from: Hatcher, R.A. et al. (2004). *Contraceptive Technology (18th Ed.)*. Ardent Media: New York.
 Black, A., et al. (2004). Canadian contraception consensus. *JOGC* (143).
 CDC. (2002). Sexually transmitted diseases treatment guidelines 2002. *MMWR*, 51(6).

J:Kits/Birth Control/ ContraceptionEffectivenessSTI
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